

## Chapter 6: The Holy Spirit Can Heal Your Mind From The Inside!

*"Do you not know that you are the temple of God and that the Spirit of God dwells in you?" (1 Cor 3:16)*

*"But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you." (Rom. 8:9)*



It has clearly been demonstrated that we live under the dispensation of the Holy Spirit; that the church is a spiritual kingdom, that Christians are subjects of a spiritual law and live upon spiritual food.

The Holy Spirit comforts God's people through the hope and promises of God which are revealed in the word of God. All of life's details, so far as Christians are concerned, need no other wisdom, guidance, and comfort than that which are written in the book of God.



The indwelling of the Holy Spirit in Christians is to be distinguished from "*spiritual gifts*" (1 Corinthians 12), which belonged to the early church.

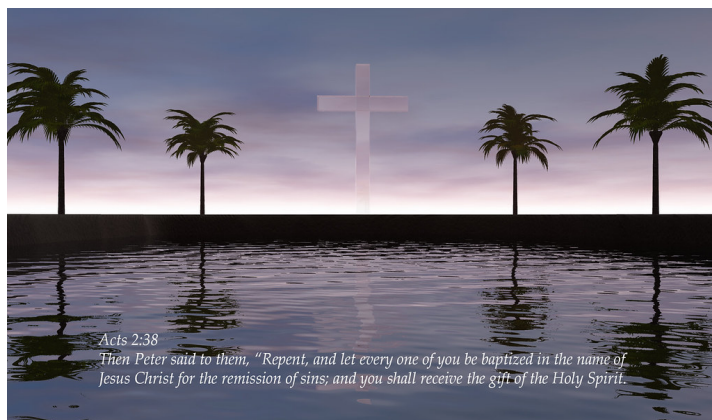
Those miraculous gifts which were used to confirm the preaching of the gospel, passed with the infancy of the church. However, the Holy Spirit abides; He remains with Christians. This indwelling is just as powerful, yet not miraculous. This power will help us to resist and overcome sin.

Perhaps some have made the gross error in concluding that the indwelling of the Holy Spirit is nothing more than the presence of the word of God in the mind or memory of the Christian. It may be that we cannot tell the difference so that others may see or understand it; however, there is a difference between our words and our spirits. In like manner there is a difference in the Holy Spirit and the words of the Holy Spirit.

The New Testament abundantly teaches that Christians have the Holy Spirit. "*And we are His witnesses to these things, and so also is the Holy Spirit whom God has given to those who obey Him.*" (Acts 5: 32)

Christ had said: *"But this He spoke concerning the Spirit, whom those believing in Him would receive; for the Holy Spirit was not yet given, because Jesus was not yet glorified."* (John 7: 39)

The world cannot receive the Holy Spirit (John 14: 17); He comes to those who obey the gospel; those who love God and keep His commandments are given the Holy Spirit.



*"Then Peter said to them, 'Repent, and let every one of you be baptized in the name of Jesus Christ for the remission of sins; and you shall receive the gift of the Holy Spirit.'" Acts 2:38*

The Holy Spirit dwells in each faithful member of the church. *"Do you not know that you are the temple of God and that the Spirit of God dwells in you?"* (1 Cor. 3: 16.) Again, we have the language: *"Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore, glorify God in your body and in your spirit, which are God's."* (1 Cor. 6:19,20)

Paul said to the Christians in Galatia: "*And because you are sons, God has sent forth the Spirit of His Son into your hearts, crying out, 'Abba, Father'.*" (Gal. 4: 6.)

The Holy Spirit bears witness with Christians that they are the children of God. "*The Spirit Himself bears witness with our spirit that we are children of God.*" (Rom 8:16) In fact, if we do not have the Spirit of Christ, we are not Christians.



*"But you are not in the flesh but in the Spirit, if indeed the Spirit of God dwells in you. Now if anyone does not have the Spirit of Christ, he is not His."* (Romans 8:9)

Here Paul makes the possession of the Holy Spirit on the part of the believer to be the test of genuine discipleship. The possession of the Holy Spirit brings a feeling of assurance to the Christian; hence, He is an abiding guest with God's people.

This feeling of assurance is increased by the communion of the Holy Spirit. *"The grace of the Lord Jesus Christ, and the love of God, and the communion of the Holy Spirit be with you all."* (2 Cor.13:14) Communion is equal to fellowship, which is an extremely close level of relationship.

In writing to Timothy as a faithful disciple, Paul recognized that the Holy Spirit dwelt in him. *"That good thing which was committed to you, keep by the Holy Spirit who dwells in us."* (2 Timothy 1:14) So it is clear that the Holy Spirit dwells in Christians.

### **HOW THE HOLY SPIRIT DWELLS IN CHRISTIANS**

We have the statement: *"No one has seen God at any time. If we love one another, God abides in us, and His love has been perfected in us.... Whoever confesses that Jesus is the Son of God, God abides in Him, and he in God."* (1 John 4: 12-15)

It is also said that Christ dwells in us. *"that He would grant you, according to the riches of His glory, to be strengthened with might through His Spirit in the inner man that Christ may dwell in your hearts through faith; that you, being rooted and grounded in love,"* (Eph. 3: 16, 17)

So, God dwells in Christians through the Holy Spirit. *"Or do you think that the Scripture says in vain, 'The Spirit who dwells in us yearns jealously'"?* (James 4:5)

*"Let the word of Christ dwell in you richly"* (Col. 3:16) is the way for Christ to dwell in us; it is the way for the Holy Spirit to dwell in us.

*"And do not be drunk with wine, in which is dissipation; but be filled with the Spirit."* (Ephesians. 5:18)



“Nevertheless the solid foundation of God stands, having this seal: “The Lord knows those who are His...” 2 Timothy 2:19

**God knows we are His through the Holy Spirit, by Whom we are sealed:** “In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit...” (Ephesians 1:13). “And do not grieve the Holy Spirit of God, by whom you were sealed...” Ephesians 4:30

When we look up the word used for sealed we find that Vines Dictionary defines it as an emblem of ownership. Coffman in his commentary on Ephesians defines Sealed as being a certainty of Divine approval.



**God knows those who do not have the Holy Spirit:** “Because the carnal mind *is* enmity against God; for it is not subject to the law of God, nor indeed can be . . . Now if anyone does not have the Spirit of Christ, he is not His.” Romans 8:7-9

**God sees His seal on those who have received the Holy Spirit:** “Now He who establishes us with you in Christ and has anointed us *is* God, who also has sealed us and given us the Spirit in our hearts...” 2 Corinthians 1:21,22

**The Holy Spirit is Given To**

**Christians as a Guarantee For Heaven!**

**Our Inheritance Is Heaven!**

“...You were sealed with the Holy Spirit of promise, who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory. Ephesians 1:13,14



“For we know that if our earthly [a]house, *this* tent, is destroyed, we have a building from God, a house not made with hands, eternal in the heavens . . . Now He who has prepared us for this very thing *is* God, **who also has given us the Spirit as a guarantee.**” 2 Corinthians 5:1-5

When we again consult Vine’s Dictionary and Coffman’s Commentary we find the word translated *guarantee* is defined as a divine pledge. Coffman adds that it is a divine pledge that the whole price will be paid.



“ Now He who establishes us with you in Christ and has anointed us *is* God, who also **has sealed us and given us the Spirit in our hearts as a guarantee.**” 2 Corinthians 1:21,22

## Chapter 6 Test: The Holy Spirit Can Heal Your Mind From The Inside

1. "Do you not know that you are the \_\_\_\_\_ of God and that the \_\_\_\_\_ of God \_\_\_\_\_ in you?" (1 Cor. 3:16)

Temple – Spirit – dwells

2. "But you are not in the flesh but in the Spirit, \_\_\_\_\_ indeed the \_\_\_\_\_ of God \_\_\_\_\_ in you." (Rom. 8:9)

If – Spirit – dwells

3. What is the difference between the gifts in 1 Corinthians 12 and the gift of the Spirit we have today?

The "gifts" from the Spirit were miraculous abilities given to build up the Church – the "gift of the Spirit" we have today is just as powerful and helps us overcome sin, but not miraculous.

4. What does Romans 8:7-9 mean: "Because the carnal mind *is* enmity against God; for it is not subject to the law of God, nor indeed can be . . . Now if anyone does not have the Spirit of Christ, he is not His." Romans 8:7-9

The possession of the Holy Spirit is described by Paul as a genuine test of discipleship. We can resist the Holy Spirit if we want to.

5. "And do not be \_\_\_\_\_ with \_\_\_\_\_, in which is dissipation; but be \_\_\_\_\_ with the \_\_\_\_\_." (Eph. 5:18)

Drunk – wine – filled – Spirit

6. In Ephesians 1:13 (below), What does “you were **sealed** with the Holy Spirit” mean? “In Him you also *trusted*, after you heard the word of truth, the gospel of your salvation; in whom also, having believed, you were sealed with the Holy Spirit...” (Ephesians 1:13). “And do not grieve the Holy Spirit of God, by whom you were sealed...” Ephesians 4:30

{Vines Dictionary} – Emblem of ownership

{Coffman Commentary} – Certainty of divine approval

7. In Ephesians 1:13,14 and 2 Corinthians 5:1-5 (below), what does it mean for the Holy Spirit “Who is the **guarantee** of our inheritance?” “...You were sealed with the Holy Spirit of promise, who is the guarantee of our inheritance until the redemption of the purchased possession, to the praise of His glory. Ephesians 1:13,14 “For we know that if our earthly [a]house, *this* tent, is destroyed, we have a building from God, a house not made with hands, eternal in the heavens . . . Now He who has prepared us for this very thing *is* God, **who also has given us the Spirit as a guarantee.**” 2 Corinthians 5:1-5

{Vines Dictionary} – A divine pledge

{Coffman Commentary} – A divine pledge that the whole price will be paid