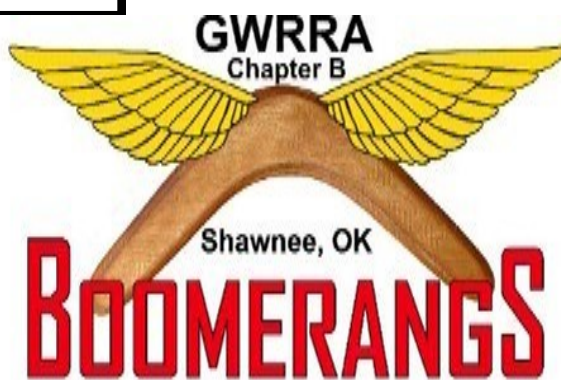


CHAPTER B NEWSLETTER

**FEBRUARY
2020**

WHAT'S UP AHEAD

Introduction	1
Chapter Director	2
Chapter Team	3
OK Chapters	4
News from Members	5
Becky's Recipes	6
Birthdays-Anniversaries	7
Photo Fun	8
Go Fun Me Pages	9-10
Upcoming B Events	11
Calendar	12
Rider's Prayer	13



"Where the Wings Come Back"

CHAPTER MEETINGS are the 4TH THURSDAY
CURTIS WATSON'S, 12610 S MCLOUD RD,
MCLOUD **DINNER 6:00 pm MEETING 7:00 pm**

CHAPTER B NEWS FROM CHAPTER DIRECTORS

JOHNIE & GINA FREDMAN
405-397-3850 OR 405-397-3973



Here We Go Again!

Here we go again. This is a saying we have all heard and most, if not all, of us have said. Typically, it is not said in a way as to be positive. It usually used to refer to a situation that is being repeated but was not pleasant the first time.

Fortunately, we can apply whatever meaning to these words that we want. We can look at the new year and say, "Here we go again...doing the same old things...(sigh)" Or, we can look forward, get excited, and say, "Here we go again! Another opportunity to be together and have FUN!" As with everything else in life, Chapter B will be what you make it. We cannot make you have fun with the chapter. We also cannot stop you from having fun with the chapter!

As is typical in our life, things are crazy in our world. Johnie has started teaching part-time for two different universities so he will be very busy and have very little free time for the next few months. But, as was just said, your activity and enjoyment is not based on us. We will be active, but know that chapter B members will step up and help out as well.

We do want to have a planning meeting and consider having some new and different fun activities this year. We will set a date at our January gathering, which will probably have already happened by the time you read this, however the meeting will not have happened yet as it will be in early February. We hope you will join us and provide your ideas, input, and suggestions for our 2020 activities. Whether new activities or the tried and true things we have always enjoyed, we're going to have a great year with a lot of FUN! Here we go again!

Johnie & Gina Fredman
Chapter Directors





CHAPTER B TEAM

MEMBERS

Johnie and Gina Fredman
Chapter Directors
thefredmans@gmail.com
405-397-3850 or 405-397-3973

John Owens
Chapter Treasurer
wingman26@hotmail.com
405-273-5453

Membership Enhancement

Chapter Couple

Mark Thrasher
Technical Director
methrasher8587@gmail.com
405-408-7463

Becky Lawson
Recipe Coordinator
becksy3477@gmail.com
405-318-8958

Smitty Smith
Chapter Photographer
butch850@yahoo.com
405-201-3600

Kay Smith
Assistant Chapter Director
Ldyky727@yahoo.com
405-201-3601

Kay Smith
Motorist Awareness
Ldyky727@yahoo.com
405-201-3601

Elaine Chapman/Paul Lawson
Newsletter Editor
frednelainechapman@gmail.com
405-203-3553

Webmaster

Sunshine Lady

Ride Coordinator

Johnie and Gina Fredman
District Couple of the Year
johniefredman@gmail.com
thefredmans@gmail.com
405-397-3850



Johnie & Gina Fredman 405-397-3850 thefredmans@gmail.com 4th THURSDAY, 6:00 eat.7:00 meet Curtis Watson's Restaurant, I-40 & McLoud Exit



Kathy & Richard Oakes 918-521-2980 kathyjnks@cox.net 2nd Tuesday, 6:00 eat, 7:00 Meet Golden Corral, 8144 E. 21st St, Tulsa



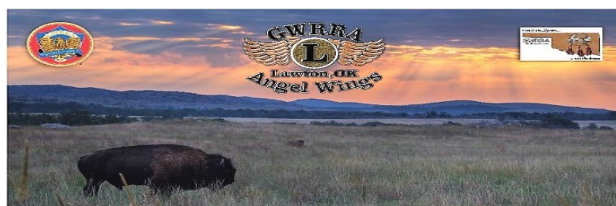
Jim & Bennie Gullane 918-331-5859 S52jim@aol.com 1st Tuesday, 6:00 eat, 7:00 meet



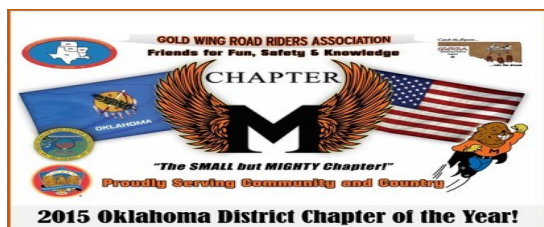
Bill & Carolyn Duvall h: 405-3480754, c:405-209-95 wduvall@sbcglobal.net 3rd Thursday, 6: eat, 7:00 meet Johnnie's Charcoal Broiler, 33 E. 33rd, Edmond



Glenna & John Wiles 508-718-1515 glenjon@sbcglobal.net 3rd Saturday, 8:30 am eat, 9:30 meet



Max & Mary Rowlett 580-704-8290 maxer50@aol.com 1st Monday, 6:30 eat, 7:30 meet Golden Corral, 2632 NW Cash Rd., Lawton



Robert & Angela Jackson 918-260-5000 rj3ballman@gmail.com 2nd Thursday, 6:00 eat, 7:00 meet Colton Steakhouse & Grill, 565 W. Shawnee, Muskogee



Chris & Liz Nicholas 918.557.4621, liznell@sbcglobal.net Gathering: 2nd Monday at Pizza Hut, 600 Lynn Riggs Blvd, Claremore, OK, eat 6:00 Meet 7:00pm



Steve & Carolyn Cotton, 405.285.5962, scotton01@cox.net, Gathering: 2nd Saturday

CHAPTER B HAPPENINGS FROM YOUR CHAPTER B COY

“This is a copy of the letter I sent Johnie, it should explain what has happened to your Chapter Couple:”

1/6/2020

To: Johnie and Gina Fredman,
Chapter Directors, GWRRA, Chapter B

This letter is to let you know, we are stepping down from our position as Chapter Couple. We feel that our chapter deserves a more active couple to represent them. Functions and events at GWRRA and participation is a part of representation. At this time Freddie’s health is making it hard to be present for events at which a chapter couple should be present.

I personally, feel that the “Sunshine Lady” is not needed unless there is more she could do to enhance that position. If there is someone else who is willing to be our “Sunshine”, there is a lot that could be done. Adding games, riddles, or jokes could be added along with the birthday/anniversary announcements. *“A position can be whatever someone is willing to make of it.”* I do not have the time to make it into what it could be. I will continue to do what I can until someone else is willing to fill that position.

The newsletter is something I enjoy doing and can continue to get it out with everyone’s help. If someone else would like to be the editor, by all means, give them a chance. Getting the articles and upcoming events in a timely manner is a great help. (I will continue to check with other chapters, look at groupworks, and stay in contact with members when needed.) **OUR newsletter belongs to everyone! Please contribute anything you would like to see included.**

The fellowship we enjoy with chapter B far exceeds our expectations! We want to remain members and are willing to help wherever we can. We are willing to throw out our ideas and ask each and every member to do the same. You never know what we can do until someone brings it up.....

“Please understand, this is something we have to do for the time being. Thanks to all Chapter B Members for giving us the honor of serving as Chapter Couple.”

Thanks,
Freddie & Elaine Chapman

Ice Cream Social
Anniversaries

RALLIES

Chapter Visits

Dinner Ride

Crock -pot Chicken and Dumplings

- 1 onion chopped
- ¼ lbs. boneless skinless chicken breast
- 1 tsp of oregano
- Kosher salt
- Freshly ground black pepper
- 2 cans cream of chicken soup
- 2 c low-sodium chicken broth
- 4 sprigs of thyme
- 1 bay leaf
- 2 stalks celery chopped
- 2 carrots chopped
- 1 cup of frozen peas thawed
- 3 cloves of minced garlic
- 1 tube of refrigerated biscuits dough
- ½ cup freshly grated parmesan for garnish (optional)
- 2 Tbsps. of chopped Parsley

Directions:

1. To the bowl of a large slow cooker, add onion, in an even layer in the bottom of the bowl and place chicken breasts on top. Add oregano and season with salt and pepper
2. Pour soup and chicken broth on top then add the thyme and bay leaf. Cover
And cook on high for 3 hours, or until chicken is cooked through
3. Discard thyme and bay leaf then shred the cooked chicken with 2 forks, stir in celery, carrots, peas and garlic.
4. Cut biscuits into small pieces. Top the chicken mixture with the biscuits and cook on high for another hour, until the vegetables are tender, and the biscuits are cooked through and chicken reaches an internal temperature of 170 degrees

Garnish with the parmesan and parsley and serve.

BECKY'S RECIPE BOX



**PHOTO
FUN!**



GO FUN ME PAGE

On this new page you can place any item you have for sale, for trade, barter or whatever. A fun place to make some extra funds for any FUN event you may have coming up.

FOR SALE

2005 30TH ANNIVERSARY EDITION Gold Wing GL1800

Excellent condition, low miles, brand new Yuasa battery, lots of extras, CB, Utopia back rest, highway pegs, bag liners, Ram mounts and much, much more. Has all 30th Anniversary Badges. At Shawnee Honda getting brake recall done.
HEALTH FORCES SALE

CONTACT John Owens 405 273 5453

\$9,000 OBO



FOR SALE

2009 Yamaha 650 with
5700 miles on it \$3,500
has been garage kept
ready to ride!

OFFERED BY :

Bennie & Beverly Higgins
for more information call
405-434-4410

email:

bussdrivermci99@hotmail.com

GO FUN ME!



OKLAHOMA CHAPTER EVENTS

AHEAD!!



"ALL THE GEAR, ALL THE TIME"

FEBRUARY 3 or 4	PLANNING MEETING DAY/ LOCATION TBD @ GATHERING 1-23-20
FEBRUARY 3	CHAPTER L-LAWTON-FIRST MONDAY
FEBRUARY 4	CHAPTER G-BARTLESVILLE-FIRST TUESDAY
FEBRUARY 8	CHAPTER X-PERRY-SECOND SATURDAY
FEBRUARY 10	CHAPTER P-CLAREMORE-SECOND MONDAY
FEBRUARY 11	CHAPTER E-TULSA-SECOND TUESDAY
FEBRUARY 13	CHAPTER M-MUSKOGEE-SECOND THURSDAY
FEBRUARY 13	VALENTINE'S DINNER-JOHNIE'S ITALIAN-102 BROADWAY-TECUMSEH, OK 74873 @
FEBRUARY 15	CHAPTER K-PONCA CITY-THIRD SATURDAY
FEBRUARY 20	CHAPTER J-EDMOND-THIRD THURSDAY
FEBRUARY 22	CHAPTER X 25TH ANNIVERSARY-700 S. LITTLE AVE-CUSHING, OK 74023-11:30 AM to 2:00 PM
FEBRUARY 27	CHAPTER B-GATHERING-CURTIS WATSON'S-216110 S. MCLLOUD ROAD-EAT @ 6:00PM-MEET @ 7:00 PM

Tentative plans for Chapter B Anniversary is MAY 9, 2020

Oklahoma District Rally September 24-26, 2020 Muskogee, OK Civic Center

WING DING 42—SPRINGFIELD, MISSOURI/ JUNE 30-JULY

COME TAKE A RIDE WITH US!!



FEBRUARY 2020

GWRRA CHAPTER B

SUN	MON	TUE	WED	THU	FRI	SAT
						1
2	3 CHAPTER B PLANNING MEETING TBD L-Lawton	4 G-Bartlesville	5	6	7	8 X-Perry
9	10 P-Claremore	11 E-Tulsa	12	13 VALENTINE'S DINNER @ JOHNNIES ITALIAN 102 BROADWAY- TECUMSEH	14 	15 K-Ponca City
16	17	18	19	20 J-Edmond	21	22 X-Anniversary- 700 S Little Ave.-Cushing- 11:30 to 2:00pm
23	24	25	26	27 CHAPTER B GATHERING- CURTIS WAT- SON'S I-40 X S. MCCLOUDE RD EAT 6pm MEET 7pm	28	29

THE POWER OF PRAYER

