



Prairie Grove Peddler  
Random Acts of Kindness  
General Directions

Free Downloadable Appliqué Patterns for table runners,  
candle mats and framed projects using minimal supplies.

Be sure to make one for a friend!

These project sheets are free.

If you want to share the pattern with friends, we ask that you please  
direct them to our website/Blog for printing. Each design prints on 8-1/2" x 11" paper.

If you post pictures of your finished projects, please tag us-  
The Prairie Grove Peddler Pattern Company on Facebook  
or @cherylprairiegrovepeddler on Instagram and Facebook.

The original models were made with the Winter Wool Tweed Flannels from Benartex.  
They can also be made with cotton quilt fabric, felt or hand-dyed wool.

Some patterns in the series include optional things such as  
French knots and other embellishments.

Designs can be embroidered by hand or machine.

You choose the fabric, flannel or wool.

You can hand-stitch with thread, Pearl cotton or embroidery floss.

As we release new projects, we will try to show them made  
with different fabrics and threads for more ideas.

Each pattern is hand drawn and not computer generated.

We will give you two copies for each design- one for tracing and one for "placing"  
as I call it. The Tracing pattern is reversed for tracing on Quick Fuse

Appliqué paper. The Placing pattern is a guideline to position the pieces.

The outline of the runner is the stitching or seam line, not the cutting line.

Keep this outline at least 1/4" from the edge of your fabric for seam allowance.

The Placing Pattern is also the direction the design will face when finished.

There are no overlap lines on the pattern but we suggest an overlap of no more  
than 1/8". It helps to make a plastic template of the 9-3/4" x 18" full table runner.

If you have a pressing sheet you can use it to assemble each appliqué.

A light table is helpful to trace the pattern pieces.

I will offer a few of the table runner fabric kits in my Etsy Shop while they last.

There's a link on my website and you can also email me at  
PGPeddler@aol.com for availability.



We will be adding other Instant Download patterns  
soon so check back often!

Follow us on Social Media

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To see our other quilt patterns, Instant Downloads, cross stitch, craft and free  
patterns, please visit the Prairie Grove Peddler website at  
<https://prairiegrovepeddler.com>



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Table Runner Directions

These designs were created to use a fat quarter (approximately 18" x 21") for the background. Cut off the selvedge then fold in half (LOF) for two equal 10-1/2" x 18" long. Cut it in half. It helps to make a plastic 9-3/4" x 18" template with the ends for easy placement.

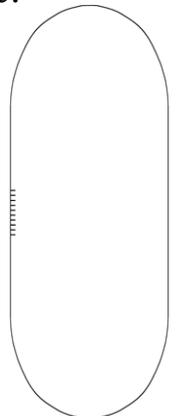
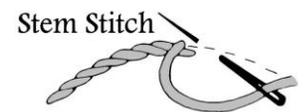
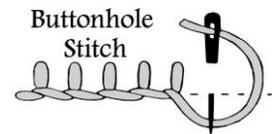
Trace the outline shape (oval or other) on the runner fabric with a pencil or chalk pencil for dark fabric. The traced line is the seam line. Add an extra 1/4"-1/2" all around then cut out.

Using an Appliqué Pressing Sheet & Light Steam-A-Seam II- On the TRACING Page

1. Trace and label each pattern piece onto the fusible web paper using a sharp pencil.
2. Cut apart each drawn shape leaving about 1/4" around each.
3. Peel the paper backing off and press each piece to the back of your fabric. Cut out the shapes.
4. Lay the PLACING pattern on your ironing board and lay the Appliqué Pressing Sheet on top.
5. It's transparent and you can see through to the PLACING pattern below.
6. Peel off the remaining paper backing and assemble the appliqué pieces in order, placing the letters down first then the numbers.
7. Once everything has been assembled, press directly on the Appliqué Pressing Sheet to fuse the design together.
8. Cool completely then peel the design off as one big appliqué. Repeat for a second design.
9. Center one appliqué design on each end of the table runner and press in place.

Without an Appliqué Pressing Sheet using FLANNEL OR COTTON FABRIC-

1. Using the Tracing Pattern- trace and label the appliqué pieces on your fusible web paper.
2. Cut apart each piece leaving 1/4" extra.
3. Peel off the paper backing and press each piece to the wrong side of fabric.
4. Cut out all of the appliqué shapes. Work on one end of the runner at a time.
5. Place the plastic template about 1/4" from each end of the runner and line up the appliqué pieces using the center line as a guide.
6. Peel off the remaining paper backing and position each piece on the ends of the runner in order by letter first then by number.
7. Once everything is in place, press with an iron following your Manufacturer's directions. Cool completely.
8. Stitch around each individual piece with a decorative buttonhole stitch.
9. Trace any other stitching lines and stitch with a Stem Stitch.
10. Make French knots and add buttons, if applicable.
11. It's always good to press again then lay the runner face down on the backing fabric.
12. Line up the edges and generously pin the front and back together.
13. Lay these on one layer of cotton quilt batting or leave off for a thinner runner.
14. If making for the kitchen, you can use Insul-Bright batting instead.
15. Sew the drawn line leaving about 5" open on one straight side for turning.
16. Trim the curved edges and turn right side out.
17. Push out the rounded edges (or corners) then press again.
18. Tuck under and pin the opening to hold then hand-stitch the opening closed.



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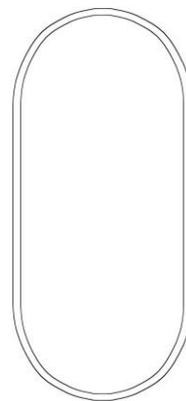
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This is an original pattern designed by Cheryl Haynes of the Prairie Grove Peddler. It is FREE and available to print from our website at [www.prairiegrovepeddler.com](http://www.prairiegrovepeddler.com)



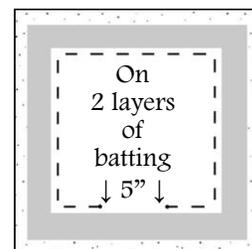
### Table Runner using Wool-

1. Trace all of the appliqué pieces on the wool with a sharp pencil or marker.
2. Cut out all of the appliqué shapes.
3. Cut the background wool to at least 10" x 18" – longer is great.
4. Mark and trim the ends 1/4"-1/2" larger than the seam line.
5. Mark the center line with pins and position the pieces on each end of the wool in order by letter first then number.
6. Pin in place and stitch around each piece with a buttonhole or straight stitch.
7. Add buttons if any.
8. Lay the completed wool runner on a second layer of wool about 1"-2" larger so the bottom wool color shows around the edge.
9. Make another buttonhole stitch around the top layer to combine the layers together.  
\*You can also make a buttonhole stitch around the outer edge of the lowest layer.



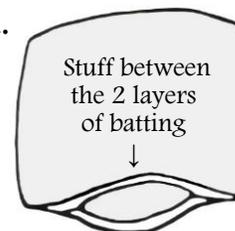
### Making a 10" Pillow-

1. Cut two 10" squares- the second one is for the background.
2. Make one appliqué design and center it on one of the 10" squares.
3. Do all embroidery on the pillow top & add buttons if any.
4. Press flat then lay the pillow top face down on the 10" backing fabric.
5. Lay these on two layers of quilt batting and sew a 1/4" seam around the edge, leaving about 5" open on the bottom to turn.
6. Turn right side out, push out the corners and stuff with poly-fil between the two layers of batting.
7. Tuck under and pin across the opening then hand-stitch the opening closed.
8. Optional: Hand-stitch decorative trim or poms over the seam.



### For a larger 12" pillow-

1. Make the same 10" design then sew a 1-1/2" strip of border fabric down each side. Trim off the excess fabric.
2. Sew the remainder of each 1-1/2" border strip across the top and bottom and trim off the excess fabric.
3. Lay this (RST) on a 13" square of backing fabric and follow directions #4-#8 above.



### A Framed Picture-

1. Cut a 10"-12" square of fabric for the background depending on the size of your frame.
2. Make one appliqué design and center it on the square.
3. Do all of the embroidery and add buttons or French knots if included then press flat.
4. Lay the finished top on a piece of cardboard that fits into your frame.
5. Use double stick tape or hot glue to secure the design in place.
6. Optional- Use glass to prevent dust buildup or spray with Scotch Guard and dry thoroughly.
7. Change out the designs with the seasons.



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