

# Friendship Center Friends & Family

SPRING 2023

JANUARY FEBRUARY MARCH

## The Friendship Center is...

- a home away from home (Adult Day Care Center) for adults ages 18 & up
- We are here to help adults continue to live at home when they need a little help
  - a place to go to have fun for the day
  - We become a second family

**We would like to thank**

### **My Friend's Closet Thrift Store**

for supporting us on a regular basis.

This allows us to be a ministry to our clients and families.

Your patronage there helps support us. Thank You!

## This is us:

**Interim Program Director:** Robin W.

**Program Nurse Leader:** Denise S.



IF YOU KNOW OF ANYONE WHO COULD BENEFIT FROM OUR SERVICES PLEASE PASS ALONG OUR INFORMATION. THEY CAN CONTACT DENISE OR ROBIN AT 815-369-2690

## Contact us:

**FRIENDSHIP CENTER**

**(815) 369-2690**

**311 N. LAKE ROAD, PO BOX 172, LENA, IL 61048**

# GETTING TO KNOW US...

## What is one of your favorite childhood memories?

Watching westerns on black and white TV with my cowboy boots on!

- Edie

When I was very little and in Hazel Devoe's Sunday School class, she taught me about Jesus and that Jesus loves me. Then we would join the other children and sing songs. Those of us in the youngest class always wanted to sing, "Jesus Loves Me" and we sang it with all our hearts

- Denise

A lot of my good childhood memories center around my grandparents. One winter we were having a good snow storm and school had been cancelled. Grandpa called to say he was coming to get us (brothers and me) and we were going to go to the high-school parking lot to do donuts! We would spin and spin and spin. My Gramp was a child at heart, and you never knew what he would think of next! Grandma was always tearing her hair out! I really miss them.

- Sherri P.

I loved gardening with my Great Grandma. She called me her little Robin because I liked to eat all the strawberries.

- Staci

I loved it when I got to sleep with my grandma. She was the one who taught me to say my prayers.

- Theresa

# What is coming up

**EVERY MONDAY**—Piano music by Eleanor Wachlin

**SECOND TUESDAY OF THE MONTH**—Caregiver Support Group Meeting at  
St. Johns Lutheran Church at 1pm

**FIRST THURSDAY OF THE MONTH**—K9 Comfort Dogs visit

**FIRST FRIDAY OF THE MONTH**—K9 Comfort Dogs visit

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**CALENDAR MARCH 2023**

12—Daylight Savings Time Starts - Spring Forward.

17—St. Patrick's Day

24—Sue Y.-Crafts

**CALENDAR APRIL 2023**

1—April Fools Day

## Prayers

- Staff & Volunteers at the Friendship Center for good health, guidance & direction. Help us to be a blessing to others.
- Our clients at the Friendship Center.

## Caregiver Support Group

Caregivers give of themselves tirelessly! Some even have the added duties of a job or other commitments that they somehow juggle while caring for their love one. Even if their love one is placed in a long-term care facility – their caregiving does not end. It merely changes.

Caregivers often neglect their own needs, as they are caring for others. Sadly, this can lead to health problems that put their own life at risk. Along with all of this, there is a huge emotional toll on Caregivers. More than anything else, Caregivers need support – especially emotionally.

We, at the Friendship Center recognize these needs of Family Caregivers. This is why we began our Caregivers' Support Group. We are someplace safe where Caregivers can come and find support among others who are facing similar challenges. We welcome all Caregivers! There is never any fee to attend.

If you know of anyone who is a Caregiver to a family member or friend, please encourage them to attend one of our meetings. Our meetings are the 2<sup>nd</sup> Tuesday of each month at 1:00 PM at St. John's Lutheran Church located at 625 Country Lane Dr., in Lena IL.

Our upcoming meetings are:

**Tuesday, April 11, 2022 at 1:00 PM**

# Funnies:



**I HAVE ONE CUP OF COFFEE EACH MORNING JUST TO START THE DAY OFF RIGHT.**



**THE OTHERS ARE TO KEEP ME OUT OF JAIL, HELP ME FORM SENTENCES AND FUEL MY RAZOR SHARP WIT**

## Little Johnny Story

A new teacher was trying to make use of her psychology courses. She started her class by saying, "Everyone who thinks you're stupid, stand up!"

After a few seconds, Little Johnny stood up. The teacher said, "Do you think you're stupid, Little Johnny?"

"No, ma'am, but I hate to see you standing there all by yourself!"

**I'm giving up eating chocolate for a month. Sorry, bad punctuation. I'm giving up. Eating chocolate for a month.**

## **Instructor:**

Welcome to salsa class!  
Who's ready to learn how to dance?

**Me, hiding a bag of tortilla chips:**  
There's been a misunderstanding.

**JUST FINISHED WRITING MYBOOK ON HOW TO FALL DOWN THE STAIRS.**

**IT'S A STEP-BY-STEP GUIDE..**



## Take the "OLDER THAN DIRT" Quiz Do You Remember?

1. BlackJack Chewing Gum
2. Wax coke-shaped bottle with colored sugar water
3. Butch Wax
4. Candy Cigarettes
5. Soda Pop machines with Glass bottles
6. Howdy Doody
7. Restaurants with tableside JukeBoxes
8. Home milk delivery in glass bottles
9. Party Telephone Lines
10. NewsReels before the movies
11. 45 RPM records
12. P.F.Flyers
13. Carrying a Metal Lunchbox
14. Drive in Movie Theatres
15. Telephone numbers with word prefix (Olive-6971)
16. The Andy Griffith Show
17. Soda Fountains
18. Roller Skate Keys
19. S+H Green Stamps
20. Blue Flashbulbs

If you remember 0 to 5 - You're a WhipperSnapper  
If you remember 6 to 15 - You're Gettin' There  
If you remember 16 to 20 - You're

## "OLDER THAN DIRT"



# Happy Birthday!

Please pass along a HAPPY BIRTHDAY to these friends of the Friendship Ctr.



## January

10—Gary A.

27—Bill S.

13—Sherri P.

31—Alyssa W.

17—Sid K.



## February

10—Jon W.

14—Ward D.



## March

5—Merlene E.

26—Arlene H.

25—Pastor Rick



## April

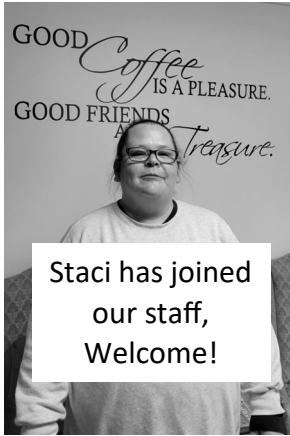
1—Jared B.



May this day bring you  
All the blessings of God's wonderful love,  
endless peace, and boundless joy  
today and forevermore



# Some of what we've been doing:



GOOD *Coffee* IS A PLEASURE.  
GOOD FRIENDS *Are* Treasure.

Staci has joined  
our staff,  
Welcome!



Happy Birthday Gary!  
Eleanor's music is enjoyed by all.  
Valentine's Party Games



To color:



Words to find:

# March Madness

Z C A S U E G J K M H A N G T I M E N O M N V F  
U A E K S D C A S E T E N L W F V V M F I J Y V  
F K R P M A E T L M S S A P O V C U Q K U E Y M  
C C O D Y O A C D G E H F C E X G V I N S L Z N  
L Z A W N S F M L L A B T E K S A B G I S B N T  
J I O Q A D R T I Y D C Z G O O D L U C K B M I  
Q I P E D E N H V K B C S T E A L V C K L I P L  
L D S E R V V R G C J Z R T C O U R T S Z R J E  
S F E W O K A E Z A V C E A B W X V I C F D D Q  
P G O Y J F L E S H Y I F X S Q C L I P P E R S  
C Y B U L L S P P S N G E M Z R B Q C C S E P I  
P E O M E E Y O U N O A R L D G Z U Y G C Y O Y  
I G B A A H D I R B K M E H T Z K M P A M W O I  
S S V V H H G N S J L J E E S P Z Y J L N O H E  
T A E E C T N T T H A F Q S S R E K A L T O U G  
O M F R I R I E P S W M T O H S L U O F B R D U  
N X O I M Z L R L Q S D U N K F C E L T I C S J  
S L C C M L E A A P H R Y G B C W I Q T H Z G A  
L B K K R E V L Y Y T U R N O V E R L H U T F J  
G M C S C R A P E F R E E T H R O W V T B S E U  
U N U R P I R M R E B T O H S K N A B T G U T C  
A I M D X K T F S V F B O B Y D R I L L S J H W  
R S E P D L N O O T L L G E O O S T I H E A T B  
D Q C E N T E R O F D C Q M R E B O U N D J R T

basketball  
Knicks  
Lakers  
Celtics  
Team  
Turnover  
Free throw  
Dribble

Referee  
Clippers  
Magic  
Center  
Good Luck  
Traveling  
Foulshot

Court  
Mavericks  
Shack  
Walk  
Guard  
Steal  
Bankshot

Heat  
Spurs  
Michael Jordan  
Dunk  
Hangtime  
three pointer  
Drills

Pistons  
Bulls  
Net  
Players  
Rebound  
Pass  
Hoop