

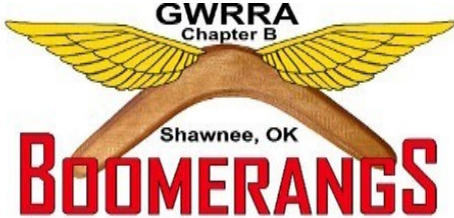
CHAPTER B NEWSLETTER

NOVEMBER 2020

WHAT'S UP AHEAD

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**PLEASE FEEL FREE TO
JOIN OUR GROUP ANY-
TIME.
SHOW UP!
RIDE, AND ENJOY!
"WE WOULD LOVE TO HAVE
YOU"**



"Where the Wings Come Back"

**CHAPTER MEETINGS are the 4TH THURSDAY
CURTIS WATSON'S, 12610 S MCLOUD RD,
MCLOUD **DINNER 6:00 pm MEETING 7:00 pm****

CHAPTER B NEWS FROM CHAPTER DIRECTORS

JOHNIE & GINA FREDMAN
405-397-3850 OR 405-397-3973



End of Year Activities

2020 is almost over! I know things are not going to magically improve on January 1st, but hopefully there will be a ray of light and 2021 will bring relief from the pandemic and a return to some sort of normalcy. At the very least, all of the political ads will be over!

We will not be having our monthly gathering in November or December due to the holidays. We hope to see everyone back at Curtis Watson's on January 28, 2021.

Please remember our upcoming events for the rest of the year. On November 12, we will have our last dinner ride of the year. We will meet at Abuelita Rosa's on 45th St. in Shawnee at 6:30 that evening. In December, our only activity will be our Christmas party. That will be on Friday, December 4th at LaDonna's in Meeker. Meet there at 6:30. They will have their prime rib available for us again that evening. We will again be playing Dirty Santa, so bring a wrapped \$20 gift marked either for a male or female.

Since we only have one activity scheduled for December, we are not planning on sending out a December newsletter. So, this will be our final newsletter for the year. Gina and I have enjoyed our time as Chapter Directors for the past two years. However, we are also looking forward to being a JAM for a little while, although Gina may continue to serve as District Newsletter Editor. As those of you who were at our gathering know, we do have a new Chapter Director who will be stepping up. A huge Thank You to Kay Smith for stepping into this position. As most of you know, Kay has served as the Assistant Chapter Director for several years. She is excited for this opportunity and I'm sure we will all continue to support her and Chapter B.





CHAPTER B TEAM

MEMBERS

Johnie and Gina Fredman
Chapter Directors
thefredmans@gmail.com
405-397-3850 or 405-397-3973

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Webmaster

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405-258-8353

Johnie and Gina Fredman
District Couple of the Year
johniefredman@gmail.com
thefredmans@gmail.com
405-397-3850



Johnie & Gina Fredman 405-397-3850 thefredmans@gmail.com 4th THURSDAY, 6:00 eat.7:00 meet Curtis Watson's Restaurant, I-40 & McLoud Exit



Kathy & Richard Oakes 918-521-2980 kathyjnks@cox.net 2nd Tuesday, 6:00 eat, 7:00 Meet Golden Corral, 8144 E. 21st St, Tulsa



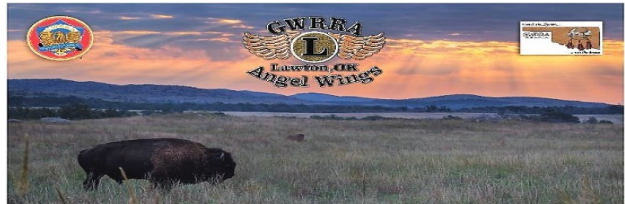
Jim & Bennie Gullane 918-331-5859 S52jim@aol.com 1st Tuesday, 6:00 eat, 7:00 meet



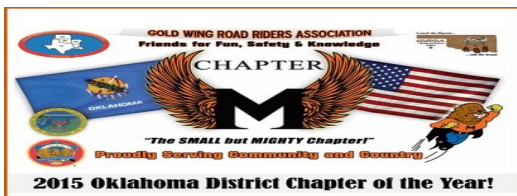
Bill & Carolyn Duvall h: 405-3480754, c:405-209-95 wduvall@sbcglobal.net 3rd Thursday, 6: eat, 7:00 meet Johnnie's Charcoal Broiler, 33 E. 33rd, Edmond



Glenna & John Wiles 508-718-1515 glenjon@sbcglobal.net 3rd Saturday, 8:30 am eat, 9:30 meet Frazier's Restaurant Party Room, 3113 E. Hwy. 60, Ponca City



Max & Mary Rowlett 580-704-8290 maxer50@aol.com 1st Monday, 6:30 eat, 7:30 meet Golden Corral, 2632 NW Cash Rd., Lawton



Robert & Angela Jackson 918-260-5000 rj3ballman@gmail.com 2nd Thursday, 6:00 eat, 7:00 meet Colton Steakhouse & Grill, 565 W. Shawnee, Muskogee



Chris & Liz Nicholas 918.557.4621, liznell@sbcglobal.net Gathering: 2nd Monday at Pizza Hut, 600 Lynn Riggs Blvd, Claremore, OK, eat 6:00 Meet 7:00pm



Steve & Carolyn Cotton, 405.285.5962, scotton01@cox.net, Gathering: 2nd Saturday

OCTOBER 2020 MEETING



CHAPTER B HAPPENINGS



DINNER RIDE TO KENDALLS

BECKY'S RECIPE BOX

Slow Cooker Olive Garden Chicken Pasta

Prep Time
5 mins

Cook Time
4 hours

Total Time
4 hrs 5 mins

Ingredients:

4.5 lbs. boneless skinless chicken breast (1.5-2 pounds works fine)
16 oz Olive Garden Italian dressing (any Italian dressing works-I use about 12oz)
1/4 cup grated parmesan cheese—fresh is best.
1/4 tsp. black pepper
8 oz. cream cheese

ADD THESE ITEMS AFTER COOKING TIME IS UP:

16 oz. penne pasta –cooked according to package directions and drain well
1/4 cup parmesan cheese

Instructions:

1. Add the chicken breasts to the slow cooker.
2. Pour over the salad dressing and sprinkle over the parmesan cheese and pepper.
3. Place the cream cheese on top.
4. Place the lid on the slow cooker. Cook on HIGH for 4 hours or LOW for 5-6 hrs.
5. When the cooking time is almost done, start cooking the pasta on the stove top as directed on the package.
6. Shred the chicken with 2 forks. Drain the pasta and add to the chicken and sauce. Stir. Sprinkle over the remaining parmesan cheese.
7. Serve and enjoy!

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“Our **BIRTHDAY** for the
MONTH OF NOVEMBER

Jim Thomas 11-8-??
Freddie Chapman 11-29-1942
Johnie Fredman 11-30-1971

Anniversaries

for
November
Within
CHAPTER B

Dana and David Taylor 11/??/??

OKLAHOMA CHAPTER EVENTS AHEAD!!

*"ALL THE GEAR, ALL
THE TIME"*

DINNER RIDE

On November 12, we will have our last dinner ride of the year. We will meet at Abuelita Rosa's on 45th St. in Shawnee at 6:30 in the evening.

*PARTY!
PARTY!!
MERRY CHRISTMAS!!*

In December, our only activity will be our Christmas party. That will be on Friday, December 4th at LaDonna's in Meeker. Meet there at 6:30. They will have their prime rib We will again be playing Dirty Santa, so bring a wrapped \$20 gift marked either for a male or female.

COME TAKE A RIDE WITH US!!



THE POWER OF PRAYER



"Where the Wings Come Back"

US