



**Check Out Our Website**

Did you know that District 6 has its own website? It was created years ago by Ron S. Now management of the website is one of the many ways to be of service to Alcoholics Anonymous at the district level. There is a lot of helpful information on the website. You can find meetings in the area or get copies of the district meeting list for your group. You can download AA World Services' Meeting Guide app to find meetings in and outside of Maine. You can browse the events calendar to find group, district, and Area events. Want to know when the Roundup is this year or where to find the next Area Committee Meeting? It's all on the Events page. You can also browse the history and information about groups in District 6. Is your group's information there? If not, send a write-up to the webmaster, and it will get added. How do you connect with the webmaster? Well, you can find the email addresses of everyone serving in Officer and Committee roles at the district level by going to the Service page. Here, you can also find information on how to be of service at the district level. See who is currently serving in committee and officer positions and to learn which positions are open and looking for someone to serve in that role. Find out when the next district meeting is and where and view the descriptions of each service position. Not quite ready to stand for a district position, but still want to be of service in some way? Email one of the committee chairs and let them know you'd like to help. Each of the committee chairs is looking for members and will let you know when and where they meet. In fact, if you want to be a part of the website committee, email [webmaster@aamainedistrict6.org](mailto:webmaster@aamainedistrict6.org). It would be great to have your input.

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**The Bath Group** was registered as a group with GSO in May 1948. After there were several starts and failures the Bath Group finally got going in January 1949. Bill S. and Clint W. were the only two members in the beginning. In October they included Brunswick and called it the Bath-Brunswick Group. The membership increased to an average of about 12 members. The group was helped a lot by George K. from West-

brook. Some of the other members were Cy L., Bill B., Harmon E., Charlotte M., Bob D., George C., Charles F., and Bob L. None of these members are alive today. The "Cornflakes" directory for 1949 listed the Bath group as meeting on Sundays at 115 Centre Street (Lawyer D's office) at 2:00 pm. Other records show that they met on Sunday evenings. They held mostly discussion type meetings with a speaker now and then. Every fourth Sunday was "Family Night" and speakers were invited in. When the group outgrew Lawyer D's office on Centre Street they moved to Winter Street Church and met on Sunday nights. Before there was Al-Anon in Bath the women used to make coffee and bake cakes and pies at the Winter Street Church for the meeting. At some point the meeting moved from Sunday to Friday nights. The Bath Group moved briefly to the Chocolate Church when the United Church of Christ was being built on Congress Avenue. The church was built in 1972 as a result of the merger of two Congregational churches in Bath, Central Church (now the Chocolate Church Arts Center and Winter Street Church). Other groups sponsored by the Bath Group were: The Brunswick Group, Newcastle-Damariscotta Group. Boothbay Harbor Group and Wiscasset Steps of Sobriety. The Bath Group was originally in District 1. At a Bath Group meeting, Carlton M., Area Delegate, told Cy L. that it was improper to serve food. At that time the Bath Group used to make and cut up Italian sandwiches for the meeting. Cy L. was disturbed by this comment and it was at that point the Bath Group elected to move to District 5. The minutes from the District 5 meeting February 5, 1978 indicate that the Bath Group belonged to that District. The minutes include a list of group contacts and elected servants. The Bath Group is on the list with Cy L. as the Bath Group contact. Currently the Bath group is a member of District 6, which was formed in 1978. For the next 32 years the group met at the United Church of Christ on Congress Avenue in Bath. The Bath Group was a speaker meeting on Friday night from 8-9pm. In 1991 a Big Book meeting was started on Tuesday night. George B. first opened this meeting and the books were purchased by the Bath Group. After a years' time this meeting became part of the Bath Group and



### Bill W co-founder of Alcoholics Anonymous

Devising a plan that has helped millions of people, Bill Wilson started a group called Alcoholics Anonymous (A.A.) by coming together with Dr. Bob Smith and developing a twelve-step strategy to ending alcoholism. With little success at first,

the group set out rules that would help govern their organization. A similar organization called the Washingtonians had had similar goals, but did not have the governing rules that would keep the focus off of politics and on the actual members attempting to better their lives.

Bill Wilson's group would from the start follow a doctrine published in the form of a book that he and Dr. Smith had written. This 400-page manual contains inspiration and foresight into the steps needed to overcome alcoholism in order to be considered fully recovered. Two of those steps are the member's admittance of the problem and the member's right to anonymity.

Suffering from bouts of depression, especially after losing his fortune after several successful years playing the stock market, Wilson began drinking. His drinking got out of control and he was losing control of his life. Upon visiting a friend who had been given a vision from God to stop drinking, Bill left and suffered an even worse bout with alcohol that sent him to the hospital. During his time there, he had his own spiritual vision where he claims he lost his will to drink alcohol.

Then, while on a business trip to Ohio, Wilson felt the urge to drink when a business deal fell through. It was at that moment when he felt tempted to drink in order to escape that he called a clergyman on the phone. While this did help, Wilson kept calling numbers at random, hoping to contact another alcoholic. **He dialed surgeon Dr. Smith's number whose last drinking day in June of 1935 is considered the official birthdate of Alcoholics Anonymous.** After an article published by The Saturday Evening Post, A.A.'s membership grew exponentially. The group's fame spread to other countries and used Bill Wilson's informal, yet practical approach to solving one of the world's worst, yet most curable diseases. Despite outside organizations wanting to commend Wilson for his outstanding social work, he always rejected any claim to fame, holding true to his own beliefs and doctrines.



### Dr. Bob co-founder of Alcoholics Anonymous.

The birth of our Society dates from his first day of permanent sobriety, June 10, 1935. To 1950, the year of his death, he carried the A.A. message to more than 5,000 alcoholic men and women, and to all these he gave his medical services without thought of charge. In this prodigy of service, he was well assisted by Sister Ignatia at St. Thomas Hospital in Akron, Ohio, one of the greatest friends our Fellowship will ever know."

Dr. Bob met Bill W. and stopped drinking on Mother's Day, May 12, 1935, but about three weeks later he drank again while on a trip to attend a medical convention. His last drink

was June 10, 1935, (or perhaps June 17, 1935, according to some sources).

Except for a secret taste of hard cider when he was about nine, he didn't drink until he was about nineteen and attending Dartmouth College in New Hampshire, described as "the drink- ingest" of the Ivy League schools.

Soon his alcoholism progressed and he was hospitalized repeatedly. His father sent a doctor to Akron to take him back to Vermont where he stayed for a few months, then he returned to his practice, sufficiently frightened that he did not drink again for some time. During this sober period he married Anne.

When he was introduced to the Oxford Group he tried hard for three years to follow their program, and did a lot of study, both of spirituality and of alcoholism. But it wasn't until Bill Wilson arrived in the spring of 1935 that Dr. Bob found the kind of help he needed – one alcoholic talking to another.

Anne S. died on June 2, 1949. Bill noted that she was "quite literally, the mother of our first group, Akron Number One. In the full sense of the word, she was one of the founders of Alcoholics Anonymous."

There is no large monument on his grave. Doctor Bob, who always admonished A.A. to "keep it simple," when he heard that friends were planning a monument, remarked "Annie and I plan to be buried just like other folks." Alcoholics Anonymous itself is Dr. Bob's Monument.

The Emmet Foxx Corner  
With Michel J  
"Working with others"



"...nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail." Big Book pg. 89 "The main thing is that he be willing to believe in a Power greater than himself and that he live by spiritual principles." Big Book pg. 93 Emmet Fox writes that intelligence is just as essential in carrying the message as is love. God is love, but God is also infinite intelligence, and unless these two qualities are balanced in our lives, we do not get wisdom; for wisdom is the perfect blending of intelligence and love. Love without intelligence may do much undesigned harm—the spoiled child is a case in point—and intelligence without love may ultimate in clever cruelty. All our 12th step activity should express wisdom. Zeal without discretion is proverbially mischievous. It often happens that when people first come to the program, and are perhaps set free from the oppression of alcohol, they are so overjoyed that they go running about pouring out their discovery to others, indiscriminately; and probably urging them to accept AA too. It is entirely understandable that this should happen, for love longs to share its good; but, nevertheless, it is very unwise. The fact is that real acceptance involves, as we have seen, the scrapping of all the old standards; and, after all, this is a tremendous thing to expect from anyone, and it can only happen, **CNT PG3**

in any case, when people are spiritually ready for the change. If one is spiritually ready, he will be glad to accept truth, if it be put forward in some way that can appeal to him; if he be not ready, no amount of intellectual discussion or argument will make him so. Never rely upon your own judgment to say who is ready and who is not; but rely for guidance upon the inspiration of your higher power. Most of us have had the experience, when we first began to understand the program and what it means, of picking out certain of our friends who, we felt sure, would jump at it, only to find that in most cases they refused to take it at all. On the other hand, several people whom we, in our foolishness, chose to regard as being unspiritual (because they did not seem to be spiritual) accepted it gladly and made a great success with it. If you are praying regularly every day for wisdom, intelligence, and fresh opportunities for service, the right people will be brought to you, or you will be brought to them; and a convenient occasion will be provided for the subject to be introduced. If, when in company with anyone, you are doubtful whether or not to broach the subject, do not; but pray for guidance instead, and leave the matter to the action of God.

### Bleeding Deacon? Trusted Servant?



Past Delegate, Former Statesman, Trusted Servant, (Rusted Servant) Bleeding Deacon or perhaps you see them as 'Crabby Past Delegates', there are a collection of alcoholics in the halls that wear many hats, take on many roles and most importantly, have much to offer.

My name's Spencer and I am an alcoholic. And yes, a Past Delegate. Not always one of the happy ones, rather I am often on the other side of the spectrum. A short time ago I was walking around an assembly serving cake after dinner and having a good time when a woman said to me, "Wow...I've never seen you happy and having fun. You're always at the microphone upset about something!" Of course, I laughed and joked my way out of that conversation, but that comment stuck with me and made me take a look at how I participate now as a Past Delegate. As a Past Delegate, we carry a huge bag of mixed emotions. There's a buildup of many, many years of work on committees, working with individuals, with groups, districts and more. Hundreds of discussions, proposals, agenda's, and conference calls, miles on the road and one on one meeting. Many of these discussions result in decisions that make up the fabric of our Area and beyond. Then....one day the Delegate finds himself at a podium giving the "last talk", Report back or share. The next day the phone simply stops ringing. There's a new Delegate taking the calls, fulfilling the requests of districts and groups and the Past Delegate is now in a new world, needing to find a new purpose and a new calling. Years and years of work change dramatically in a short period of time. It can be quite shocking.

In my experience, I have witnessed Past Delegates rotate out of their panel with grace and dignity. Sitting in the back of the room, taking in what's going on. Quietly waiting to be asked an opinion rather than forcing their will onto the Area.

I have witnessed Past Delegates sitting on committees for years and years always bringing an agenda to the table. In the middle of the fray, for the new guard to take over the castle he never lets go.

I've also seen Past Delegates walk out the door and never return. Years of knowledge and experience, gone, wasted.

And in my case, I've seen first-hand that angry Past Delegate at the microphone. Ranting and raving about something I felt was important. Something I felt needed to be heard. Yes, I have been 100% right about some things, and yes, I have been 100% wrong on others. Either way, I have disrupted the process with my will. For good or bad, I've muddied the water.

However, you feel about any of the above, it is vital for our Area to embrace this group of Past Delegates. They have never "been there, done that" in many cases and can help those with less experience avoid pitfalls and mistakes as they work their way through the service structure. Be patient with them, they are just another alcoholic not drinking for a day at a time and they too have 'stuff' going on. They still work steps 6 and 7 but a character defect or two may still arise from the rubble. They are Past Delegates, but they are first and foremost alcoholics.

I am honored to this day to have been a Delegate for Area 28. As I continue to make myself available, I will do my best to walk softly and not to swing that big stick I carry in my back pocket. It'll always be there, but how I choose to use it will determine my level of connection to a spiritual life as a past.

Spencer R

### The Promises Associated With Bill W's Story:

I was soon to be catapulted into what I like to call the fourth dimension of existence. I was to know happiness, peace and usefulness, in a way of life that is incredibly more wonderful as time passes. **(8)**

God had done for him what he could not do for himself. **(11)**

Then he had, in effect, been raised from the dead, suddenly taken from the scrap heap to a level of life better than the best he had ever known. **(11)**

Thus I was convinced that God is concerned with us humans when we want him enough. At long last, I saw, I felt, I believed. Scales of pride and prejudice fell from my eyes. A new world came into view. **(12)**

My friend promised when those things were done, I would enter upon a new relationship with my Creator, that I would have the elements of a way of living which answered all my problems. **(13)**

These were revolutionary and drastic proposals but the moment I fully accepted them, the effect was electric. There was a sense of victory, followed by such a peace and serenity as I had never known. **(14)**

It is a design for living that works in rough going. **(15)**

We commenced to make many fast friends and a fellowship has grown up among us of which it is wonderful thing to feel a part. The joy of living we really have, even under pressure and difficulty. I have seen hundreds of families set their feet in the path that really goes somewhere; have seen the most impossible domestic situations righted, feuds and bitterness of all **CNT PG4**

sorts wiped out. I have seen men come out of asylums and resume a vital place in the lives of their families and communities. Business and professional men have regained their standing. There is scarcely any form of trouble and misery which has not been overcome among us. (15) There is, however, a vast amount of fun about it all. (15) Most of us feel we need look no further for Utopia. We have it with us right here and now. Each day my friend's simple talk in our kitchen multiplies itself in a widening circle of peace on earth and good will to men. (16)

Carol G ( ) denotes PG #



### Anonymity

Anonymity means something different to an Alcoholic Anonymous member than it does to the general public. To the person on the street it connotes facelessness or going about life without making ripples or being known as the person who caused the ripples.



We have twelve traditions and many AA members believe it is the traditions that have kept AA a highly successful program for over 84 years. The twelfth tradition states: "Anonymity is the spiritual foundation of all our traditions, ever reminding us to place principles before personalities."

This means that we cannot allow ourselves to be identified in any public media by name or photograph as a member of AA. This does include social media via the internet. It also means that we are not to give out information on any other member of AA whether it is learned in a sponsor relationship or through someone sharing at a meeting. Like all the traditions, the twelfth was forged from experience, and needs to be learned and followed by all members of AA.

Bill Wilson wrote in the Twelve Steps and Traditions that the early members of AA treated their membership in AA as being a member of a secret society because of their fears about the stigma of being identified as an alcoholic. He further said that the passage of time moved AA away from being a secret society to one that attracted, but not promoted members. Any member today may also treat their membership as a secret.

What are we, as AA members, able to do if we so wish? I believe that the restrictions cited in paragraph 3 are the only principles I need to follow and offer the following as my practice:

I identify myself as a recovered alcoholic to those with whom I come in to frequent contact whether at work, in the neighborhood, or at church. This doesn't mean that I am compelled to out myself at a party that includes people whom I may never see again, in the grocery store, or any other casual meeting with someone. This does mean that my coworkers, friends, and fellow church members are all aware of my AA membership. In fact, it is my practice to celebrate my AA anniversaries at church when belly-button birthdays and wedding anniversaries celebrated.

My behavior has led to people using me as a resource for themselves, relatives, and friends and has not resulted in a breach of my anonymity. I do have to be vigilant to maintain my public anonymity as in the instance when the Two Bridges Regional Jail Program Officer wanted to publicize the work being done at the jail by AA members by having photographs taken and used in the local press. I took care of the issue by explaining our tradition to the Program Officer.



By following this tradition and the other 11 in our daily lives, we are doing our bit to help maintain AA as an organization that helped millions recover from a seemingly helpless state of mind, body, and soul.

Steve T



### Get a Sponsor

When we talk about a sponsor, what we have in mind is someone who has been through the AA program, the 12-steps of recovery, who will help you to do same by passing on his or her experience. We have found a sponsor invaluable in recovery. If you are unsure as to how to get one, then here are some guidelines that were useful to us: we chose someone who has been through the steps as they are laid out in the Big Book, the AA steps. We chose someone who had what we wanted – by this we mean: if you want to be happy and content then it might be an idea to pick someone who is himself happy and content. We chose someone who still has a sponsor – it is reassuring to know the he is still taking guidance and is plugged into AA experience beyond just his own. If the person you have in mind has other sponsees, look at them and see how they seem to be doing – if he has passed something on to them, then the chances are that he can pass something on to you.

To get a sponsor, you might have to ask someone to help you. It might seem a bit daunting, but remember that alcoholics in AA want to help other alcoholics. It is a great honor to be asked to sponsor someone, so most will say yes, but if the person you ask says no and that they are too busy, it is almost certainly the truth and not an excuse. If you are unsure about someone, then you can always start on a temporary basis and see how it goes. Also, if you are reading the Big Book, then you will be able to see for yourself whether or not the suggestions given to you are consistent with the principles of the program of AA. This will help you to develop trust in the person you have chosen.

The booklet Living Sober explains {p25} that the reason that the word "sponsor" did not appear in the first section of the Big Book was that it was not part of AA jargon at that stage. The principle, however, had been established right at the earliest days as Bill subsequently refers to Ebby as his sponsor and himself as Dr Bob's. In other words, Bill did the job of a sponsor in taking Dr Bob through the steps, even if he didn't call it that until later. Dr Bob and the Good Old timers describes how sponsors were found to be the effective way

**The Snowbird**

When I was a child my family moved to central Maine. At the time my father was trying to avoid trouble back in Connecticut. When the trouble went away we moved back to Connecticut and things only got worse.



Back when I was a teenager, I relocated to SW Florida in a attempt to avoid trouble in Connecticut not knowing that I was bringing the problem with me.

After a short period of time the trouble that I was avoiding went away and I returned to Connecticut only to get worse in my addiction to alcohol and more problems.

I came into Alcoholics Anonymous with nowhere else to turn and started to get sober. Staying sober allowed me to become gainfully employed and eventually retire.

Having remained a member in good standing with Alcoholics Anonymous and attending meetings, wherever I visited, gave me the ability to feel safe and at home no matter where I went.

When the time came for retirement I had already purchased property in Maine and traveled back to SW Florida where I had been. The area had changed somewhat however it wasn't really that noticeable to me because I was active in my alcoholism then and traveled very little. I really liked the area and now I could enjoy all that it has to offer, not just the drinking establishments.

Now I am free to spend half a year in central Maine enjoying all that it has to offer and the other half a year in SW Florida. Enjoying all it has to offer.

The only requirement for me to continue enjoying the life that I have chosen is that I remain sober, attend Alcoholics Anonymous meetings on a regular basis and live the 12 steps to the best of my ability.

John Jack

**CNT FR PG4**

of taking people through the program {p144-146} including reference to Bill as Bob's sponsor. So, by the time we get to the third edition, it appears in the Big Book itself {p477}: "Get a sponsor and phone numbers, call friends in AA when bad thoughts come."



**Always at Home in the World  
Thanks to Alcoholics Anonymous**

Alcoholics Anonymous is the center of my world and I wouldn't have it any other way.

I tend to wander. I've been in AA for 34 years, sober for 33 of them. I've lived in five different states (NY, MA, VT, NH and

now ME). During these times I promised my husband "we will only leave feet first."

I've had five home groups, each beloved, unique and also the exactly the same because each has been filled with recovering alcoholics trudging the road to happy destiny side by side.

When I came into AA in 1986, sick and tired of being sick and tired, despairing and dead inside, all I wanted was to feel better, or die. My first sponsor said, "if you made a wish list in your first year of sobriety and looked at it a few years into sobriety you would laugh." Because it would probably include things like "stop throwing up" "get a job" "get a partner" and "support myself financially." Those are fine things, and you will probably get them, if it's your HP's will, but oh you will get so much more that these will be a faint shadow in comparison. You will get: Freedom from the desire to destroy yourself. Love beyond comprehension. A connection with a higher power of your own choosing that means you will never feel truly alone again in your life. A truly enduring spiritual, primary purpose. More laughter and camaraderie and true connection than you can imagine in early sobriety. You will also probably stop throwing up.

And you will have a spiritual home, anywhere you go. I should know because now, six months since I arrived in Maine, I feel completely at home. My iPhone is filled with new contacts, (some of whom I actually call!). My husband, though a friendly fellow, is unfortunately not a recovering alcoholic and thus has only met a handful of people since we arrived. He is perpetually astounded when within weeks of moving somewhere new, I'm speaking about this new friend and that new person whose share moved me so deeply and that one who's also from NY . . . all from AA.

Not only is this a joy for my loving (though introverted) soul, it is also a key component of my continued sobriety. Left unchecked, I will isolate and self-destruct. I did that with booze until I got to AA in 1986, and I did it for a year from 2000-2001 when I relapsed on prescription meds. So I am in no doubt that, without this blessed fellowship, I would do it again. And even if I didn't actually use alcohol or drugs, I would spiritually wither and die.

Thank you Maine, for welcoming me so open-heartedly. Thank you for each smile and kindness. Today, as I travel to Boston to visit my beloved Dad in hospice, I carry each of you with me. Even when I am heartbroken, I am also at peace, because my HP is always within me, reminding me that life on life's terms doesn't always feel good, but is exactly what is needed in this moment. And that each moment provides an opportunity to increase my compassion and understanding because I will surely meet another recovering person someday who is experiencing the same thing and needs to be reminded that they can stay sober through anything.

My heart is filled with gratitude, as it is so very often since I've been sober, and I thank HP that I can bring that peace and love with me to share with my Dad.

Audrey M



### DISTRICT AT A GLANCE

The January business meeting for District six was held on the 10th with 21 people in attendance. Nine out of the 35 meetings in our district were represented. Voting members were comprised of nine GSR's and nine committee members. The meeting is opened with prayer, the monthly tradition and roll call before moving on to reports. We reviewed the treasurer's report, which showed that we entered December with a balance of \$2,657.58. The district paid out three payments of \$519.19 to The General Service Office, The Central Service Office and Area 28, ending the month with \$1,536.27 which includes \$1,100.00 of prudent reserve and \$436.27 in surplus. The Functions committee reported an overall surplus from the Christmas and New Years events of \$200.12, with both events seeming to have been well executed and attended. The website reported some updates made, and that the site had 12,307 views. PI/CI reported continued work on pamphlets racks to be displayed in to be determined locations. Love and Service reported that there will be a workshop occurring in February or March. The Newsletter started a subcommittee. Archives, Bridging the Gap, Functions, hotline and literature and Meeting lists positions remain open going into 2020.

### HELP WANTED

**ARCHIVES:** The right person for this position would be willing and able to maintain files and documents that are historic for the district and the districts meetings, as well as attend the monthly business meetings for district six and area. There is a recommended guideline of 2 or more years of sobriety and proficiency with computers. Further information can be found at the district six website or the monthly business meeting.

**FUNCTIONS CHAIR:** Looking for self motivated person, willing and able to serve a 2 year term running a committee responsible for planning and throwing events for AA's in district 6. The role includes managing seed money, proposing events to the district committee and working with a team to throw each event as well as attending the monthly district meeting. More information can be found on the district website or the at the monthly business meeting.

**HOTLINE:** The hotline coordinator is responsible for attending monthly business meetings, maintaining and updating the phone list and connecting with CSO to share information. This will include reaching out to meetings and AA's in our District to get contact information so that we can continue to be actively involved in supporting those AA's in need who turn to the hotline for support. More information available on district six website and at the business meeting.

**MEETING LIST:** This position is a two year commitment to maintain a list of all meetings, times and locations in the district and to share said list with district secretary and webmaster so that it may be printed and distributed in the district. This position also updates this information with CSO. Further information can be found at the business meeting and on the district six website. Anyone willing and able to hold this position would be expected to attend monthly District 6 Business Meetings, connect new members that are being discharged from a facility to an AA in their community. Maintain relationships with hospitals, detox's, rehabs, jails, half-way houses etc. in our district to ensure exchange of contact info between AA and the facility as well as enabling them to contact new members within 24-48 hours of their release to make suggests several types of AA Meetings in the first week and to stress the importance of Sponsorship. This is a two year commitment, more information can be found online or at the monthly business meeting.

**WEBSITE:** Looking for people interested in being on the District 6 Webpage committee. If interested, please contact District 6 Webmaster, Deb T, at [webmaster@aamainedistrict6.org](mailto:webmaster@aamainedistrict6.org). The commitment involves a once monthly meeting to discuss ideas for improving the district website.

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### CNT FR PG1

the Big Book Group moved to Five Islands. There was also a Beginner's Meeting from 6:30-7:30 pm. This meeting incorporated around 1996-1998. Ted S. got the idea from a Portland Group. In October 2015 the Bath group relocated to its current location at the United Methodist Church, 340 Oak Grove Avenue, Bath. The Group elected to hold one meeting, that being the Speaker's Meeting from 7-8 pm. Beginning February 2016 the Group elected to have a potluck the third Friday of each month beginning at 5:30 followed by Speaker's Meeting at 7. The Steps, Traditions and Concepts window shades used for the meeting have memorial plaques in remembrance of group members, Bart (Traditions) and Cy L. (Steps) and Ted S. (Concepts) When Bart died people didn't know what to do and they ended up sending a lot of money to the Bath Group. The group bought several cards tables and the Steps and Traditions window shades as well as the plaques located at the bottom of the shades. The last Friday of the month the Bath Group celebrates anniversaries. Currently there are 30+ members in the group that celebrate their anniversaries throughout the year. The Bath group holds its business meeting the 1st Friday of each month at 8:20 pm. The group is very service-orientated and this is a good reason for someone to join the group as service is a very necessary part of sobriety. As Ted S. often expressed, roughly 5% of the people that come through the doors of AA stay sober and coincidentally 5% of the membership is involved with service work.

